

# Bromley Autistic Trust

## Training Services

### Training in Autistic Spectrum Disorders for Parents, Carers and Professionals

- Workshops, presentations and training specifically designed for **YOUR** needs
- Introductory Autism and Asperger Syndrome Workshops
- Specialised courses in Communication and Challenging Behaviour
- A wide range of information and training on supporting children and adults with ASD
- A range of courses on issues affected by learning disability
- Philosophy of Care Training Days, and introductory courses on Person Centred Planning

Bromley Autistic Trust is dedicated to raising awareness of Autistic Spectrum Disorders and supporting those who work or care for a child or adult with an ASD. We are flexible on both course content and venue to meet your need.

Training can be carried out at the Bromley Autistic Trust Resource Centre or **we can come to you.** One hour to full day training workshops and presentations designed and delivered to your specification.

#### About the Trust

Bromley Autistic Trust is a registered charity, dedicated to improving quality of life for people with an Autistic Spectrum Disorder of all ages, and supporting those who care for them. Our services include residential service, day service, outreach, domiciliary and family support service.

Bromley Autistic Trust is affiliated to the National Autistic Society and has forged strong relationships with this and other large organisations over the years. The Trust is held in high esteem locally and nationally.

#### About The Trainers

Our Training and Resources Manager, Julia Pithouse takes the lead in training co-ordination and provision. She has extensive management and training experience but became involved in the field of Autistic Spectrum Disorders when her own two children were diagnosed with an ASD. She has detailed experience of autism and is an acknowledged conference speaker.

Bromley Autistic Trust is also privileged to have a skilled team of staff providing a range of services for adults, children and their families. The team can also provide training within their individual areas of expertise.

Bromley Autistic Trust, 129 Southlands Road, Bromley, Kent, BR2 9QT tel: 020 8464 2897, e-mail: [info@bromleyautistictrust.co.uk](mailto:info@bromleyautistictrust.co.uk)

Return Slip to:

**Julia Pithouse  
Bromley Autistic Trust  
129 Southlands Road  
BROMLEY  
Kent  
BR2 9QT**

## Current Course Titles

An Introduction to Autistic Spectrum Disorder (½ day)	An Introduction to Asperger Syndrome (½ day)	Autistic Spectrum Disorder and Practical Strategies for Working with people with ASD (1 day)
Autism Workshop (2 hour)	Asperger Syndrome Workshop (2 hours)	Supporting People with ASD in Ordinary Life (full day)
Autism and Challenging Behaviour (½ day)	Workshops on common issues in children – toileting, sleeping, eating, play skills (2 hours or can be combined)	Sensory problems in Autism (2 hours or ½ day)
Communication for people with ASD (½ or full day)	Non-verbal communication	Risk Assessment (½ or full day)
National Care Standards & Valuing People: Implications for Residential Provision (1 day)	Day Service Provision (½ day)	Philosophies of Care (1 day)
Adult Protection Awareness	An Introduction to Person Centred Planning	Supervision (½ or full day)
Challenging Behaviour: Practical Ways of Helping those whose behaviour challenges (1 day)	Promoting Positive Mental Health	Loss and Bereavement

### Cost:

Full Day	£350
Half Day	£200
Two hour workshop	£150
One hour workshop	£100

There is no individual delegate cost  
Courses held at BAT have a maximum capacity of 20

For more information on how we can support your organisation please contact Julia Pithouse, Training Manager:

**Tel:** 020 8464 2897

**E-mail:** [Julia@bromleyautistictrust.co.uk](mailto:Julia@bromleyautistictrust.co.uk)

Or complete the attached tear off slip and we can send you our full brochure

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