

Introduction to the Autistic Spectrum

Three part workshop for parents and carers of children with an Autistic Spectrum Disorder - explains the Autistic Spectrum in more detail and associated areas such as communication, sensory issues and understanding behaviour with strategies to help in the home.

15, 22 and 29 September 10 - 1pm
10, 17 and 24 November 10 - 1pm

Disability Living Allowance Workshop

Have you claimed for DLA? You are entitled to claim (details in family pack). These workshops help you complete the complex form! If your child is over 16 please tell us.

7 September, or 5 October, or 2 November, or 7 December: all 10 to 12.30

Strategies to Support Siblings

Balancing the needs of other children in the family can be a challenge. This is a chance for parents and carers to look at life from the perspective of siblings and discuss strategies to help you support them.

5 December: 10 to 12.30

Being a sibling

This is a new workshop for brothers and sisters without disabilities, to help them understand their sibling's disability and talk about strategies that might help them. This will be given in a friendly and informal way and will be run jointly with Kathryn Stevenson, Clinical Psychologist

Dates to be organised, please call to register interest

Introduction to the Autistic Spectrum: Family Information Day

One day Saturday workshop for parents, carers, grandparents and extended family unable to attend the week day sessions. Explains the Autistic Spectrum in more detail and Associated areas such as communication, sensory issues and understanding behaviour.

2 December: 10am to 4pm

Dietary Intervention - Contact Group

If you are interested in, or are already using, dietary interventions this is an opportunity to meet others to share information and ideas. We hope that this will lead to a useful support network.

9 November: 10am to 12.30pm

Explaining the Diagnosis to your Child

Knowing when and how to explain to your child that he/she has a diagnosis on the Autistic Spectrum can be difficult. This workshop aims to help ease some of the difficulties and is facilitated by Anna Harper of CAMHS Tier 2, who is also a qualified counsellor.

14 November: 10am to 12.00pm

Home Programme Contact Group

If you are interested in, or are currently running, any type of home programme with your child with an ASD, this is an opportunity to meet others to share ideas and information. We hope that this will lead into a useful support network.

17 October: 6.45 pm to 8pm