



BROMLEY AUTISTIC TRUST Presents

Anxiety Anger and ASD

Thursday 30th November 2006 at Oakley House, Bromley, Kent
From 9.30am – 4.30pm

A one day conference to look at the needs of young people with Asperger Syndrome and High Functioning ASD

The conference is aimed at parents, carers, professionals and young people with ASD and Asperger syndrome. The day will explore what living with ASD and Asperger Syndrome can be like, the challenge of daily life, what anxieties are faced and why anger can often manifest as a result.

Our speakers will offer practical strategies from both a personal, professional and academic perspective on how we can help the young person to reduce anxiety, manage their anger and seek more productive ways of coping with the rigours of every day life.

We are delighted to have the following speakers:

Jenny Ronayne

Jenny is Child Mental Health Worker on the national specialist team on Autism Spectrum Disorder (ASD) at the Maudsley Hospital. Her work includes setting up and speaking at training programmes for parents and professionals, advising and supporting adults with ASD. She also has a post-graduate diploma in counselling and psychotherapy (integrative) and offers appropriate counselling and therapy to individuals with ASD and other family members. She is also a parent of a son with AS.

Dr Katingo Giannoulis

Dr Giannoulis is Consultant Clinical Psychologist at the Autism and Related Disorders Service at the Michael Rutter Centre of the Maudsley Hospital. She currently provides specialist neurocognitive assessment as well as psychological treatment. Her intervention work includes behavioural management, anxiety and anger management for young adults with ASD and Asperger Syndrome.

Luke Beardon

Luke is Senior Lecturer in Autism at the Autism Centre, Sheffield Hallam University. Luke has worked in the field of Autism for many years as a practitioner, researcher and lecturer. He has presented and published widely on a national and international level and is currently undertaking a doctoral programme of research in autism.

Genevieve Edmonds

Genevieve is a young adult with a diagnosis of Asperger Syndrome. She works UK wide with a variety of groups and provides individual support, peer support, advocacy, consultancy, training and workshops. Genevieve is also the co-author of "The Asperger Guides", a set of three self-help guides for adults with AS. She is currently working on a series of books covering best practice with adults with AS and completing her postgraduate study in autism and hopes to soon begin a doctorate looking at AS in adulthood.

Bromley Autistic Trust making best practice accessible to all

CONFERENCE AGENDA

09.00 - 09.30	REGISTRATION
09.40 - 09.45	Welcome and Introduction by Richard Lane Bromley Autistic Trust, Chief Executive
09.45 - 11.15	JENNY RONAYNE <ul style="list-style-type: none">❖ Living with Asperger Syndrome/ASD❖ The main areas of difficulty❖ What causes anxiety and anger?❖ What services can help?❖
11.15 - 11.45	BREAK
11.45 - 13.00	DR KATINGO GIANNOULIS <ul style="list-style-type: none">❖ Cognitive Behavioural Approaches❖ Practical Coping Strategies
13.00 - 13.45	LUNCH
13.45 - 15.15	LUKE BEARDON <ul style="list-style-type: none">❖ The impact of environment❖ The need for routine❖ Adjustments we can make
15.15 - 15.30	BREAK
15.30 - 16.30	GENEVIEVE EDWARDS <ul style="list-style-type: none">❖ Solution focused approaches from a personal perspective
16.30	CLOSE

Costs for Parents/Carers/individuals with ASD	£45.00
Costs for Professionals	£85.00

For further information contact Jane Elvin on 020 8464 2897 or complete and return the attached booking form to: Bromley Autistic Trust, 129 Southlands Road, Bromley, Kent BR2 9QT

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CONFERENCE BOOKING

Delegate name(s): _____

Organisation: _____

Address: _____

Tel/Fax: _____ Name: _____

E-mail: _____ Signed: _____

I would like to book place(s)

I enclose a cheque for £_____ payable to Bromley Autistic Trust

I would like my organisation to be invoiced *Confirmation and details of booking will only be sent upon receipt of full payment*

Remember to include all delegates names

Do you have any special dietary requirements or any other special needs?
Y/N _____

Deadline for conference booking is: Friday 24th November 2006

Please complete and return the booking form to Jane Elvin, Bromley Autistic Trust, 129 Southlands Road, Bromley, Kent BR2 9QT